

LESSONS FROM PSALMS

# FINDING REST









LESSONS FROM PSALMS

# FINDING REST



LESSONS  
FROM PSALMS

# REFUGE

# PSALM 62



# Psalm 62

1 Truly my soul finds rest in God; my salvation comes from him.  
2 Truly he is my rock and my salvation; he is my fortress, I will never be shaken. 3 How long will you assault me? Would all of you throw me down—this leaning wall, this tottering fence? 4 Surely they intend to topple me from my lofty place; they take delight in lies. With their mouths they bless, but in their hearts they curse.

# Psalm 62

5 Yes, my soul, find rest in God; my hope comes from him.

6 Truly he is my rock and my salvation; he is my fortress, I will not be shaken. 7 My salvation and my honour depend on God; he is my mighty rock, my refuge. 8 Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.



# Psalm 62

9 Surely the lowborn are but a breath, the highborn are but a lie. If weighed on a balance, they are nothing; together they are only a breath. 10 Do not trust in extortion or put vain hope in stolen goods; though your riches increase, do not set your heart on them.

# Psalm 62

11 One thing God has spoken, two things I have heard, “Power belongs to you, God, 12 and with you, Lord, is unfailing love”; and, “You reward everyone according to what they have done.”

LESSONS  
FROM PSALMS

# REFUGE

LESSONS FROM PSALMS

# FINDING REST

