







#### Mark 14:13-15

And he sent two of his disciples and said to them, "Go into the city, and a man carrying a jar of water will meet you. Follow him, 14 and wherever he enters, say to the master of the house, 'The Teacher says, Where is my guest room, where I may eat the Passover with my disciples?' 15 And he will show you a large upper room furnished and ready; there prepare for us."





#### The Upper Room

**Location**: Outside Old City of

Jerusalem

**Mount Zion** 

Occasions: The Last Supper, & where

(Jesus washed the disciples feet)

A meeting place for the disciples

after Jesus's death

Jesus appeared 2X after the resurrection: to the disciples

& then Thomas

After the resurrection, 120 prayed here at Pentecost This is where the very 1st church of Jesus Christ was borne



# The UPPER ROMAN

### 1. Communion







#### 1. Luke 22:19-20

19 And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."

20 In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.



# The UPPER ROMAN

### 1. Communion

- Life Sustenance
- Salvation



# The UPPER ROM











### 2. Acts 2:1-4

1 When the day of Pentecost came, they were all together in one place. 2 And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. 3 And divided tongues as of fire appeared to them and rested on each one of them. 4And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance."

# The UPPER ROMAN

# 2. Holy Spirit Outpouring

- Holy Spirit

Empowerment



# The UPPER BOOM God's presence with His Creation

Eden -> Tabernacle -> Temple -> Jesus -> Church (ME!) -> New Heaven/Earth

# The UPPER ROM

# 3. Resurrection









#### 3. Acts 9:36-38

"Now there was in Joppa a disciple named Tabitha, which, translated, means Dorcas..... In those days she became ill and died, and when they had washed her, they laid her in an upper room...Hearing that Peter was there, sent two men to him, urging him, "Please come to us without delay."



#### 3. Acts 9:39-40

So Peter rose and went with them. And when he arrived, they took him to the upper room. All the widows stood beside him weeping ..... But Peter put them all outside, and knelt down and prayed; and turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up."



# The UPPER ROM







# Life at The UPPER ROUM



Communion

Life Sustenance



**Holy Spirit Outpouring** 

Life Empowerment



Resurrection

Life Renewal



## Life at The UPPER RUUM



Communion

Life Sustenance



**Holy Spirit Outpouring** 

Life Empowerment



Resurrection

Life Renewal

**COME** 

Partake

Receive



# Life at The UPPER ROUM



Communion

Life Sustenance

**COME** 

Partake

Receive



**Holy Spirit Outpouring** 

Life Empowerment

**YIELD** 

Surrender Trust & Obey



Resurrection

Life Renewal



## Life at The UPPER ROUM



Communion

Life Sustenance

**COME** 

Partake Receive



**Holy Spirit Outpouring** 

Life Empowerment

**YIELD** 

Surrender Trust & Obey



Resurrection

Life Renewal

**DEVELOP A HABIT** 

Read & Meditate Proclaim & Pray



### Reflection & Application



#### **Communion**

1. Which provisions of God speak the most to you?



#### **Holy Spirit Empowerment**

2. What are the helps you require of the Holy Spirit?



#### Resurrection

3. How would you plan to have a more fruitful time with God?

#### **Tribute to Mothers**







**You are Special** You are greatly loved, honoured, treasured, favored & blessed You are The Apple of God's eyes He carries you in His palm **Close to His heart** Jesus, The Lover of your soul He's sanctified cleansed & healed u The Holy Spirit **Your greatest Helper** Your friend in need **Your Counselor** You are complete in all three

