



EVERY NATION
CHURCH · PENANG

WELCOME

**WE EXIST TO
HONOR GOD
MAKE DISCIPLES
#encpHGMD**

ALL

&

NOTHING

It's a book study message series from the Book of **Colossians**

Why **ALL** & **NOTHING**?

Only when we understand **ALL** of who Jesus is
and what He has done will we realize that
NOTHING can be added to His finished work
and nothing can compete with Him.

ALL

&

NOTHING

Part 1 : **Introduction** : Prayer

Part 2 : The **Supremacy** of Christ;

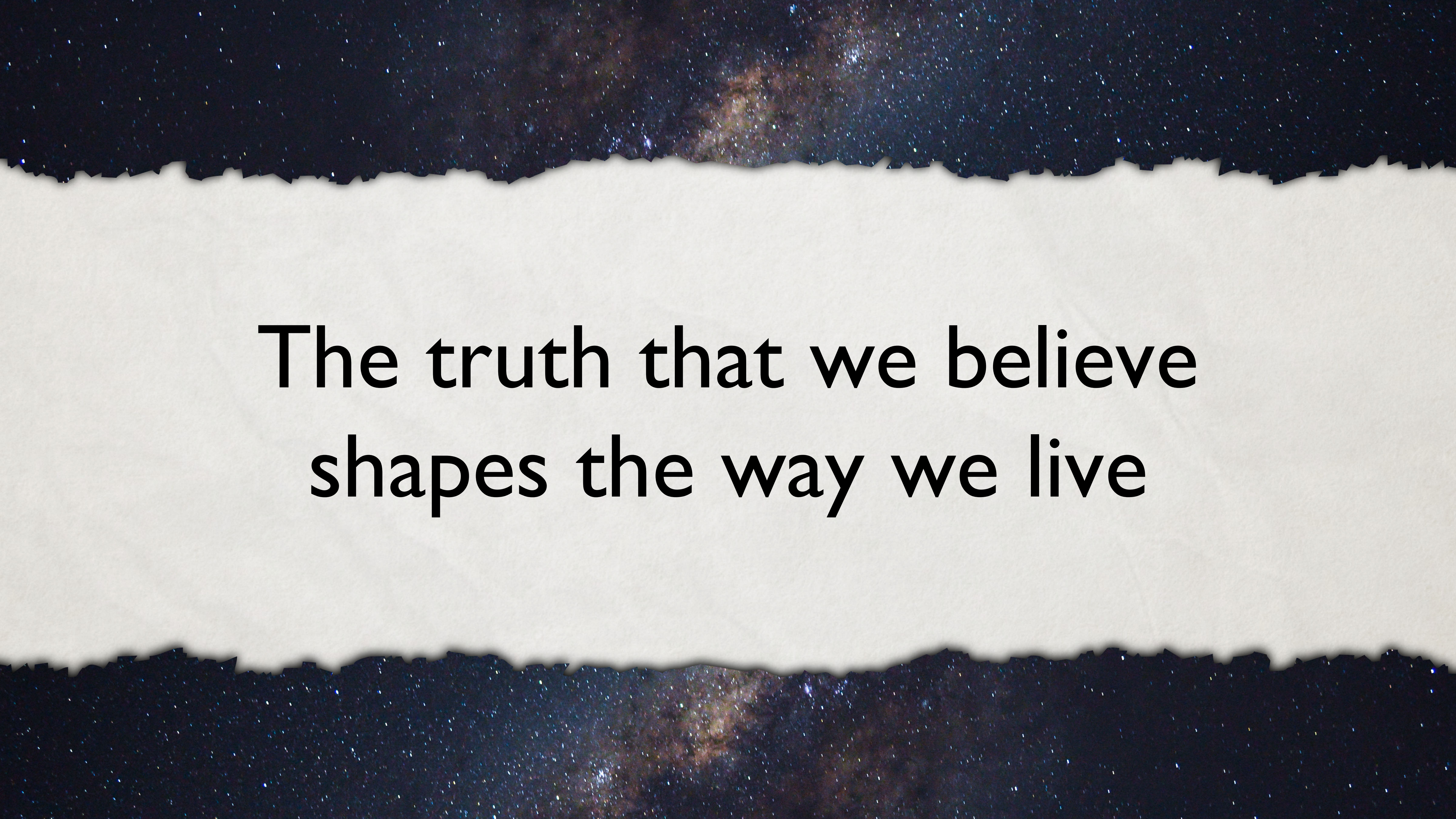
Part 3 : **Fullness** of Christ;

Part 4 : **Position** in Christ;

Part 5 : **Living** in Christ;

Part 6 : **Household** for Christ;

Part 7 : **Mission** in Christ



The truth that we believe
shapes the way we live



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Last Updated: Tuesday, 23 November, 2004, 11:54 GMT

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'Virgin Mary' toast fetches \$28,000

A decade-old toasted cheese sandwich said to bear an image of the Virgin Mary has sold on the eBay auction website for \$28,000.

An internet casino confirmed it had purchased the sandwich, saying it had become a "part of pop culture".

Goldenpalace.com says it will take the sandwich on world tour before selling it and donating the money to charity.

Diane Duyser, from Florida, says the sandwich has never gone mouldy since she made it 10 years ago.

By the time the sandwich auction closed on Monday the sale had received over 1.7 million hits on the auction site.

'Mystical power'

"We will definitely use the sandwich to raise money for charity, and we hope it will raise people's spirits as well," said Richard Rowe, the casino's CEO.

"With the... thousands of search engine queries, it is obvious that this is something people want to know more about... and



The toast is not intended for consumption

SEE ALSO:

- Woman 'blessed by the holy toast' 17 Nov 04 | Americas
Ghanaians flock to see 'miracle' 02 Nov 04 | Africa
Virgin Mary 'seen in US hospital' 17 Jun 03 | Americas
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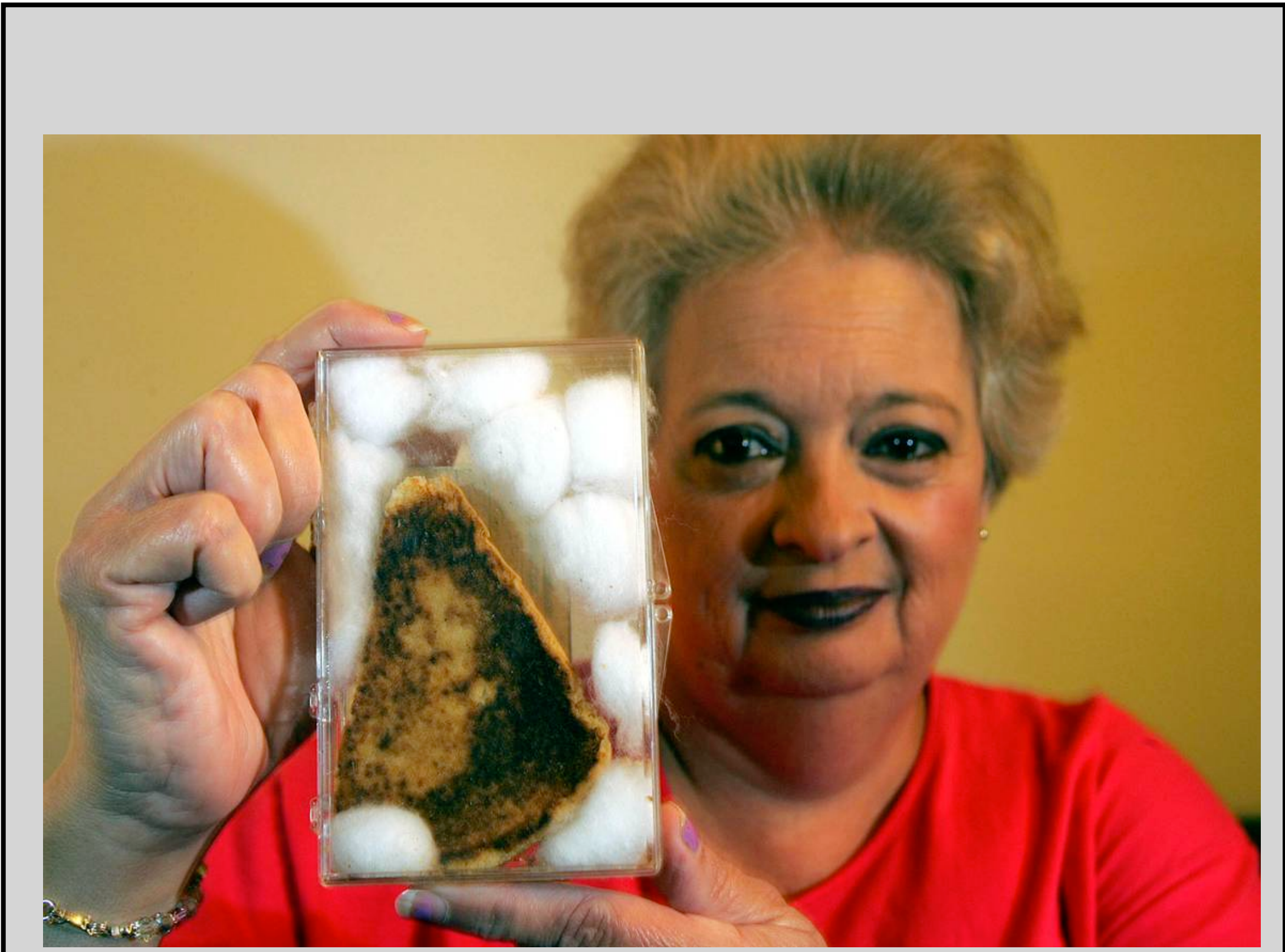
- eBay
GoldenPalace.com

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News feeds



" I went to take a bite out of it, and then I saw this lady looking back at me. I hollered for [my husband]. It scared me at first "

Diane Duyser



Book of Colossians

Part 4: POSITION IN CHRIST

Colossians 3:1-4

Colossians 1-2

Sound Doctrine

What we are to Believe

Our Position in Christ

***Christ's Provision
for Believers***

We In Christ

Doctrinal

Colossians 3-4

Spiritual Duty

How we are to Behave

Our Practice in Christ

***Christ's Work
through Believers***

Christ In Us

Practical

Book of Colossians

Part 4: POSITION IN CHRIST

Colossians 3:1-4

Colossians 3:1-4 ESV

- ¹ If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. ² Set your minds on things that are above, not on things that are on earth.*
- ³ For you have died, and your life is hidden with Christ in God.*
- ⁴ When Christ who is your life appears, then you also will appear with him in glory.*



[who]

AMI

NOVEMBER 7, 2016

TIME

ANXIETY,
DEPRESSION
AND THE
MODERN
ADOLESCENT

By Susanna Schrobsdorff



time.com

HEALTH MENTAL HEALTH

Teen Depression and Anxiety: Why the Kids Are Not Alright

Susanna Schrobsdorff @SusannaSchrobs | Oct. 27, 2016



In 2015, about 3 million teens ages 12 to 17 had had at least one major depressive episode in the past year, according to the Department of Health and Human Services. More than 2 million report experiencing depression that impairs their daily function. About 30% of girls and 20% of boys—totaling 6.3 million teens—have had an anxiety disorder, according to data from the National Institute of Mental Health.

In my dozens of conversations with teens, parents, clinicians and school counselors across the country, there was a pervasive sense that being a teenager today is a draining full-time job that includes doing schoolwork, managing a social-media identity and fretting about career, climate change, sexism, racism—you name it. Every fight or slight is documented online for hours or days after the incident. It's exhausting.

'My room is filled with fumes. Even while I'm dying, I still want Facebook': Taiwanese woman, 31, kills herself live online

- Claire Lin, 31, gave a running commentary to nine friends - but not one of them alerted the emergency services
- Police in Taipei say she was upset after her boyfriend failed to return home on her birthday

PUBLISHED: 12:28 BST, 27 March 2012 | **UPDATED:** 12:29 BST, 27 March 2012







 **33**
View comments

Friends of a Taiwanese woman pleaded with her not to kill herself as she chatted to them live on Facebook, giving them a running commentary of her own suicide.

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DON'T MISS

▶ Meghan Markle is seen in public wearing a headscarf for the first time as she visits Cape Town mosque with Prince Harry on their African tour



EXCLUSIVE Ferne McCann, 29, is seen KISSING Love Island's Jordan Hames, 24, as shock couple go public with their romance



▶ The Apprentice: A 'cut-throat' teen librarian, a 'pocket-rocket' baker and a Venezuelan ex-



Common Descriptions of Identity

① Career

② Culture

③ Countenance

④ College

⑤ Circle of Friends

⑥ Circumstances

⑦ Children

Transgender man who gave birth loses court battle to be registered as father

By Aimee Lewis, CNN

🕒 Updated 1700 GMT (0100 HKT) September 25, 2019



THEO WARGO/GETTY IMAGES; NORTH AMERICA/GETTY IMAGES FOR TRIBECA FILM FESTIVAL

A feature-length documentary called "Seahorse" documented McConnell's journey.

London (CNN) — A transgender man who gave birth with the help of fertility treatment lost his legal fight to be registered as the child's father, rather than its mother, in the UK High Court on Wednesday.

Born female, Freddy McConnell transitioned to become a man and was legally recognized as male when he became pregnant in 2017, giving birth in 2018.

The 32-year-old took legal action after a registrar told him that UK law required people who give birth to be registered as mothers on birth certificates.

This establishes the first legal definition of the term "mother" in English common law.

In ruling with the government, Andrew McFarlane, the president of the High Court's family division, deemed that being a "mother" referred to being pregnant and giving birth, regardless of whether that person, in law, was a man or a woman.

I'm saddened by the court's decision not to allow trans men to be recorded as father or parent on their children's birth certificates.

I fear this decision has distressing implications for many kinds of families. I will seek to appeal and give no r interviews at this stage.

— Freddy McConnell (@freddymcconnell) [September 25, 2019](#)

"There is a material difference between a person's gender and their status as a parent," [McFarlane ruled.](#)



Woman who dreamed about being blind had DRAIN CLEANER poured in her eyes by a sympathetic psychologist to fulfil her lifelong wish - and now she's never been happier

- Jewel Shuping said her fascination with blindness started in childhood
- She would stare at the sun after learning it would damage her eyes
- By the age of 18, she was wearing dark glasses and walking with a cane
- Experts diagnosed her with Body Integrity Identity Disorder

By [KATE PICKLES FOR MAILONLINE](#)

PUBLISHED: 11:26 BST, 1 October 2015 | **UPDATED:** 19:27 BST, 1 October 2015

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A woman who dreamed of being blind arranged to have drain cleaner poured in her eyes to fulfil her wishes.

Jewel Shuping, 30, from North Carolina has Body Integrity Identity Disorder (BIID), a condition in which able-bodied people believe they are meant to be disabled.

Her desire to lose her sight was so strong that she decided to blind herself - by having a sympathetic psychologist pour drain cleaner into her eyes.

Telling her shocking story, Ms Shuping said her fascination with blindness began early in childhood.

Scroll down for video

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DON'T MISS

▶ 'Where it all began!' Justin Bieber shares sweet throwback snap of himself with wife Hailey ahead of second wedding... as Kylie Jenner gushes over it

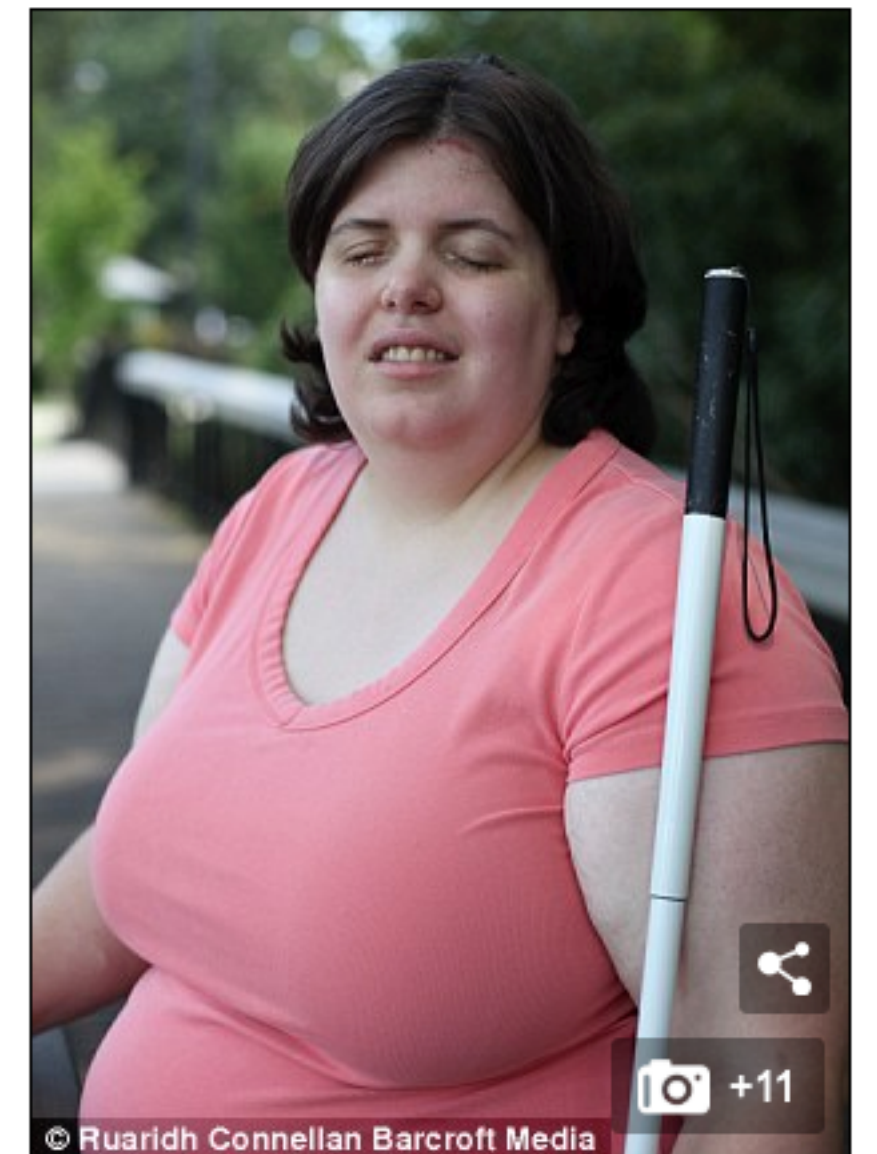
▶ Geri Horner, 47, looks chic in an all-white ensemble as she steps out with daughter Bluebell, 13, ahead of L'Oréal Paris Le Défilé runway debut at PFW

▶ 'Hot Felon' Jeremy Meeks speaks about his 'very, very dark' childhood with heroin-addicted parents... one month after his split with heiress ex-Chloe Green

▶ Cheryl looks effortlessly chic in a terracotta knitted cardigan and matching trousers as she leaves her hotel ahead of her return to the L'Oréal Paris runway show



© Barcroft Media



© Ruaridh Connellan Barcroft Media

Jewel Shuping's desire to become blind started in childhood (left) where she would pretend by wearing dark glasses. She fulfilled her wish (right) by arranging to have drain cleaner poured into her eyes

Healthy limbs cut off at patients' request

NHS trust puts stop to surgeon's amputations done as last resort on disturbed patients with 'life threatening' hate of their own bodies

David is desperate to be rid of one of his legs: 'It feels like my soul doesn't extend into it'. Can a surgeon be persuaded to amputate, or does he have to do it himself?



▲ A former patient has been acting as a 'gatekeeper' to a surgeon in Asia. For a fee, this doctor will amputate healthy limbs. Photograph: Brian Lee

This wasn't the first time that David had tried to amputate his leg. When he was just out of college, he'd tried to do it using a

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Live Sheffield United 0-1 Liverpool: Premier League - live!



Japan stun Ireland to pull off another famous Rugby World Cup upset



Live South Africa 57-3 Namibia: Rugby World Cup 2019 - as it happened



Trump-Ukraine scandal: US special envoy steps down as crisis widens



Johnson could face no-confidence vote next week

Book of Colossians

Part 4: POSITION IN CHRIST

Colossians 3:1-4

Colossians 3:1 ESV

'If then you have been **raised** with Christ, seek the things that are above, where Christ is, seated at the right hand of God.

1

Raised

Colossians 2:12 ESV

12** having been **buried** with him in baptism, in which you were also **raised** with him through faith in the powerful working of God, who **raised him from the dead.

1

Raised

Colossians 3:1 ESV

*'If then you have been **raised** with Christ, seek the things that are above, where Christ is, seated at the right hand of God.*

1

Raised

2 Corinthians 5:17 ESV

***17** Therefore, if anyone is **in Christ**, he is **a new creation**.^[a] The old has passed away; behold, the new has come.*

1

Raised

Our Identity in Christ

① Career

② Culture

③ Countenance

④ College

⑤ Circle of Friends

⑥ Circumstances

⑦ Children

God has **given me talents** to play basketball for a living, but I still have **to work hard** to improve every day. I know that in the grand scheme of things, this **is just a game** that can **be taken** from me at **any moment**. But I love that basketball gives me the **opportunities** to do good things for people and to **point them towards the Man** who **died for our sins on the cross**. I know I have a place in heaven **waiting for me** because of Him, and that's something **no earthly prize or trophy** could **ever top**.

There's **more to me** than just this **jersey I wear**, and that's **Christ living inside of me**.



Stephen Curry

Colossians 3:1-4 ESV

¹ If then you have been raised **with Christ**, seek the things that are above, **where Christ** is, seated at the right hand of God. ² Set your minds on things that are above, not on things that are on earth.

³ For you have died, and your life is hidden **with Christ** in God.

⁴ **When Christ** who is your life appears, then you also will appear **with him** in glory.

1

Raised

Colossians 3:3 ESV

³ For you have **died**, and your life is hidden
with Christ in God.

1

Raised

2

Died

Galatians 2:20 ESV

20 *I have been **crucified** with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I **live by faith** in the Son of God, who loved me and gave himself for me.*

1

Raised

2

Died



Philippians 1:21 ESV

21 For to me to **live** is **Christ**, and to **die** is **gain**.

1

Raised

2

Died

Philippians 1:21 ESV

21 For to me to **live** is **Christ**, and to **die** is **gain**.

For to me to live is **MONEY**, and to die is **to leave it all behind**.

1

Raised

2

Died

Philippians 1:21 ESV

21 For to me to **live** is **Christ**, and to **die** is **gain**.

For to me to live is **FAME**, and to die is **to be soon forgotten**.

1

Raised

2

Died

Philippians 1:21 ESV

21 For to me to **live** is **Christ**, and to **die** is **gain**.

For to me to live is **POWER**, and to die is **to lose it all**.

1

Raised

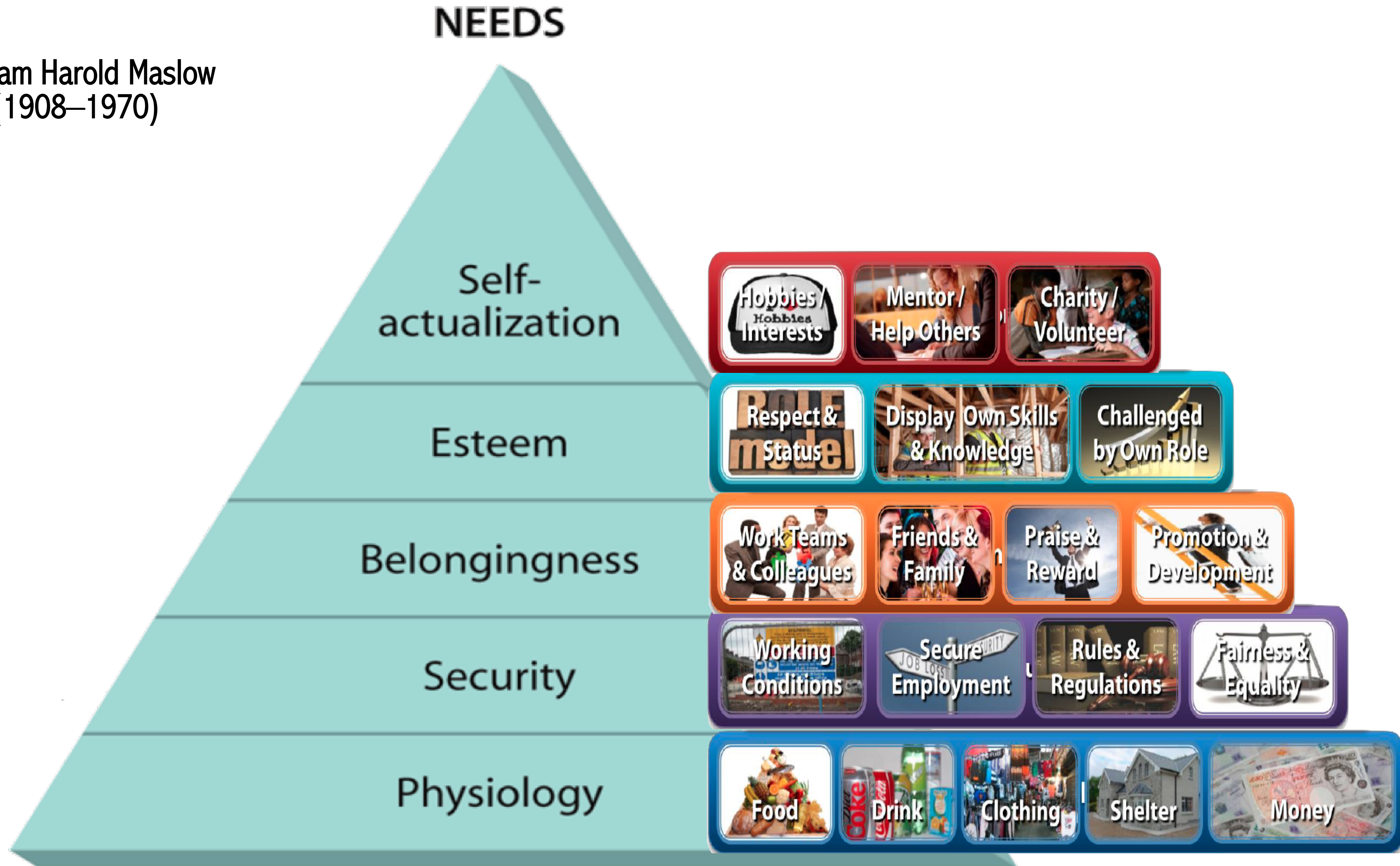
2

Died

Maslow's Hierarchy of Needs (1943)



Abraham Harold Maslow
(1908–1970)





HIGH ESTEEM

VS

LOW ESTEEM



Self-esteem is formed by an individual's opinion about themselves, which describes their overall sense of self-worth or personal value. Self-esteem can involve an assortment of beliefs about the self, such as the assessment of one's own outlook, value system, emotions, and conducts.

KNOWS WHAT THEY VALUE AND BELIEVE



Clear goals - know exactly what they want achieve and take responsibility

ASSERTIVE WITH CHANGE



Know that success requires consistent strive for improvement. Learn from their mistakes instead of complaining.

VALUE HEALTHY RELATIONSHIP



Capable of accepting negative feedbacks, without letting it to deny their confidence.



EXPERIENCES INTENSE SELF-CRITICISM

Need approval from others, lack self-belief & confidence. Desperate to seek assurance that they are lovable.



SUFFERS FROM CHRONIC INDECISION AND PERFECTIONISM

Unsure of own decisions - constant fear of making a mistake. Have perfectionist tendencies - leading to frustration.



HAS EXCESSIVE DESIRE TO BE ACCEPTABLE BY OTHERS

Anxious and fearful of making mistakes and strive to not upset or displease anyone.

Colossians 3:3 ESV

³ *For you have died, and your life is **hidden** with Christ in God.*

1

Raised

2

Died

3

Hidden

1 Corinthians 2:14 ESV

14 The **natural person** does not accept the **things of the Spirit of God**, for they are folly to him, and he is not able to understand them because they are spiritually discerned.

1

Raised

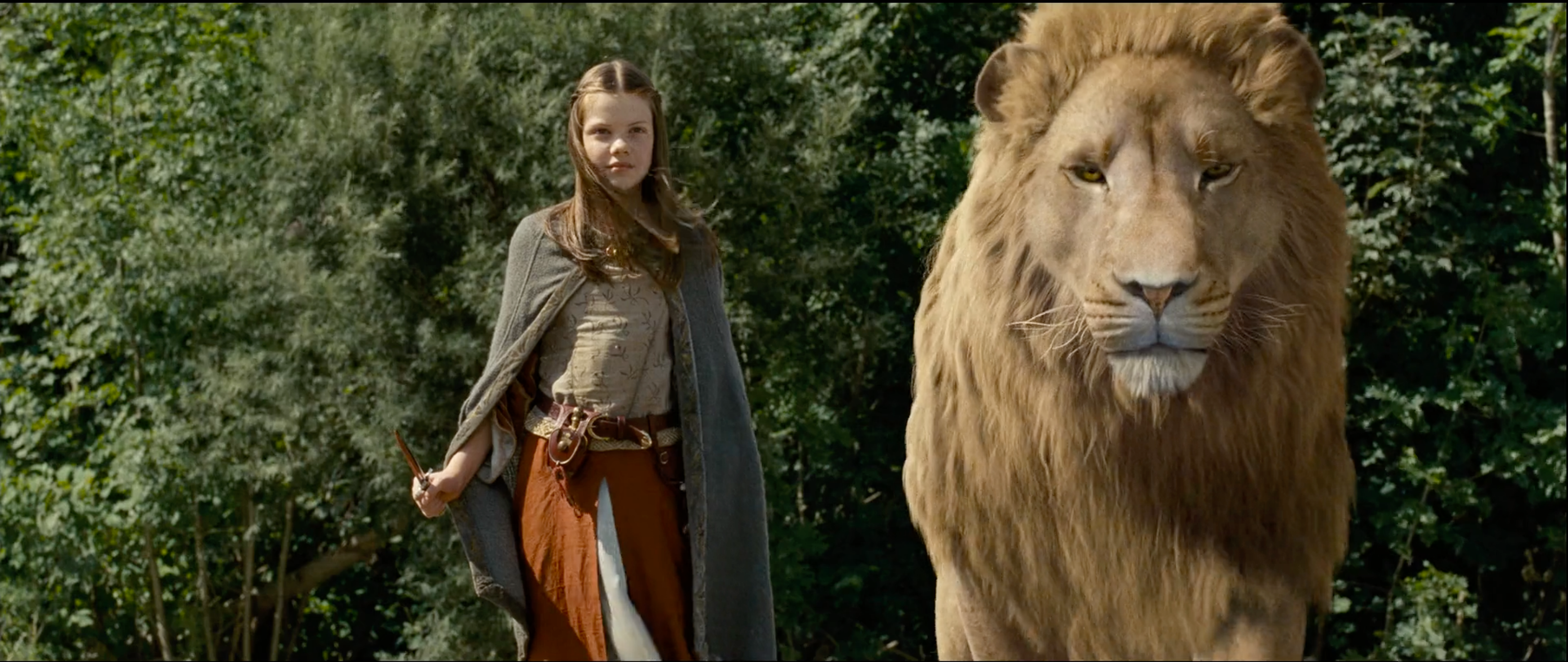
2

Died

3

Hidden





John 10:28-29 ESV

28 *I give them eternal life, and they will **never perish**, and **no one will snatch** them out of my hand. **29** My Father, who has given them to me, is greater than all, and no one is able to snatch them out of the Father's hand.*

1

Raised

2

Died

3

Hidden

Colossians 3:4 ESV

⁴ *When Christ who is your life appears, then you also will **appear** with him in glory.*

1

Raised

2

Died

3

Hidden

4

Appear

1 John 3:2 ESV

² *Beloved, we are God's children now, and what we will be has not yet appeared; but we know that when he appears we shall be like him, because we shall see him as he is.*

1

Raised

2

Died

3

Hidden

4

Appear

Acts 1:11-13 ESV

11 and said, “Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven.”

1

Raised

2

Died

3

Hidden

4

Appear

**WHO
ARE
YOU?**

Position in Christ

1

Raised

with Christ -
given a new life
a new life

2

Died

to our old self -
sinful nature
is gone

3

Hidden

with Christ -
working in us
and secure in
God

4

Appear

with Christ -
our future
glorification

Colossians 3:1-4 ESV



**How should we respond to our
POSITION in Christ ?**

Response to Position in Christ

A **SEEK** the things that are above

Colossians 3:1 *'If then you have been raised with Christ, **seek** the things that are above, where Christ is, seated at the right hand of God.*

Response to Position in Christ

A **SEEK** the things that are above

Colossians 3:1 ¹ If then you have been raised with Christ, **seek** the things that are above, where Christ is, seated at the right hand of God.

B **SET** your **MIND** on things above

Colossians 3:2 ² Set your **minds** on things that are above, not on things that are on earth.

Book of Colossians

Part 4: POSITION IN CHRIST

Colossians 3:1-4

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